



Séjours montagne

5 days mountaineering in the Mont-blanc massif: Mont-blanc and Aiguille du Midi ascents

Reaching the summit of Mont Blanc, Europe's legendary peak, is a unique and indescribable sensation. A combination of intense satisfaction, joy and relief...

The Goûter normal route is rated PD (Peu Difficile/low difficulties), but make no mistake, you'll need to be able to push yourself to the limit to reach this fantastic summit! The ascent is physically demanding and the consequences of the global warming make it sometimes more complicated, requiring that you master basic mountaineering techniques. If you're up for the challenge, we suggest this 5-day package, a tried-and-tested formula with :

- 3 days of acclimatisation and training. On France's longest glacier, the Mer de Glace, and in the fabulous setting of the peaks surrounding the Aiguille du Midi, (3842m), you will review mountaineering and security basic techniques.

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- 2 days devoted to climbing Mont Blanc from the Gouter refuge.

This 2-day ascent of Mont Blanc is aimed at people in very good physical condition with previous mountaineering experience.

NB: Mont Blanc ascent is a genuine challenge that requires skills and a good physical condition. Please take the time to read all our technical information.

- Level : Level 2: intermediate
- Mountain range : Mont Blanc
- 5 days
- 6 personnes (departure is confirmed from 6 people)
-

Prices : 2060,00 €

- Dates: [Check 4 dates available](#)

Your trip day to day

DAY 1: LES HOUCHES - LA MER DE GLACE - SNOW SCHOOL

On our first day in Chamonix, we'll take the Montenvers cog railway to the famous Mer de Glace. The day will be dedicated to ice school : how to use an ice axe and crampons depending on the terrain.... as well as roping up techniques and glacier safety.

Meals and overnight in a comfortable and friendly hostel in Chamonix.

Difference in altitude: +300m -300m / approx. 6 km. Time: approximately 6 to 7 hours

DAY 2: AIGUILLE DU MIDI - CHAMONIX

We'll leave early in the morning to take the Aiguille du Midi 3842m cable car. We'll put on our crampons and descend the Aiguille du Midi ridge to reach the immense Géant glacier. Depending on the snow and weather

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Tél : 04 84 13 14 08 <https://www.roc-ecrins.com> roc.ecrins@gmail.com

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conditions and the level of the group, we may consider to cross the Vallée Blanche and return via the skyway. A technically easy route in snow and ice, ideal to practice ice axes handling and crampons walking and, of course, completing your acclimatisation. Panoramic views of the main peaks in the heart of the Mont Blanc massif.

Meal and overnight stay in a comfortable and friendly hostel in Chamonix.

Difference in altitude: + 280m and - 280m. Time: approximately 5 to 6 hours.

N.B: In the evening, the guide will give you the weather forecast, which will determine whether you can attempt to climb Mont Blanc or not.

DAY 3: ROCK CLIMBING - CHAMONIX

This day of "active recovery" will allow you to perfect your acclimatisation and rock climbing skills in mountaineering boots. In the morning, we'll go to a mountain climbing site to teach you the basics of climbing and belaying. This introduction will help you feel at ease when you climb the Aiguille du Goûter to reach the eponymous refuge. Panoramic views of the main peaks of the Mont-Blanc massif.

At the end of these three days, you should have the technical skills required and be properly acclimatized to take on the roof of the Alps.

Meals and overnight in a comfortable and friendly hostel in Chamonix.

Difference in altitude: + 500 m / - 500m . Time: approximately 5 to 6 hours.

DAY 4: LES HOUCHES - NID D'AIGLE - GOÛTER REFUGE

In the early morning, we take the Les Houches ski lift, accompanied by two other guides who will take charge of a two-person roped party. We then board the Nid d'aigle train, which will take us to its terminus at an altitude of 2372m. The ascent of Mont Blanc then begins.... On this day, you'll need to keep fit to reach the 3835-metre altitude of the splendid viewpoint that is the Goûter refuge. To get there, you'll start out on a good path.. Beyond the Tête Rousse refuge, at an altitude of 3,200m, roped up, helmeted and with crampons on, we quickly cross the Goûter couloir. We then climb the Goûter ridge, sometimes in snow and rock, to the hut where we spend the night.

Meal and overnight at the Gouter refuge.

Ascent: + 1563m . Time: approximately 6 hours.

DAY 5: GOÛTER REFUGE - MONT BLANC SUMMIT - LES HOUCHES

The big day begins at 3 a.m. in the middle of the night! Slowly but surely, you climb the Dôme du Goûter, then the Col du Dôme to the Vallot hut-bivouac at 4362m. After a break sheltered from the wind and cold, we'll head for the Bosses ridge to reach the 4810-metre summit of Mont-Blanc. From the summit, there's a magical view of the Alpine arc, stretching from the Barre des Écrins in the south to the Mont Rose massif in the north. Careful descent to the Goûter hut, where we regain our strength before heading back down to the valley. Depending on the hour, hot meal at the Tête Rousse refuge or at a restaurant in Les Houches.

Return of equipment and end of our trip in Les Houches generally between 1pm and 5pm.

Altitude difference: + 1000m / -2563m. Time: approximately 11 hours.

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The programme is intended as a guide only. It could be modified at any time by the mountain guide for safety reasons, weather conditions or regarding the physical and technical level of the participants. If the ascent is not possible for weather or safety reasons, the guide would propose an alternative summit in a massif where the conditions are better (Gran Paradiso Paradis 4061m or Monte Rosa 4272m, for example).

Please notice that by booking this trip, you are agreeing to take part in a 5-day mountaineering programme with the aim of attempting an ascent of Mont Blanc, BUT you are also agreeing to accept any changes to the programme (made necessary by current conditions) during or before the course.

min/max people

6 participants maximum.

The departure is guaranteed from 4 participants. You will be notified at least 7 days before departure in the event of cancellation. Where possible, an alternative solution will be offered.

NB : For cancellation conditions for **privatised trips** (made up groups) please refer to our [conditions of sale](#).

Equipment : gear and clothing

Hiking in high mountain requires being able to cope with all weather and environmental conditions which can change very quickly. Appropriate equipment guarantees safety and represents an essential part of the success and comfort of your climb/stay.

You will not necessarily use all the items on this list which may seem impressive but you must nevertheless have them in your bag.

All of this equipment is technical and generally quite expensive. **Please note that we offer some of this equipment for rental, they are indicated by a * in the list below, you will find rental prices in the "Extra prices" section. The mountaineering kit that we offer for rental only includes individual technical equipment (mountaineering boots, crampons, ice axe, harness, helmet); clothing (gore tex jacket, soft shell fleece, goretex pants) are not part of it.**

Equipment hire and changes to your booking are only possible before payment of the balance of your booking (45 days before departure). **We advise you to take the time, upon registration, to list the equipment you already have. Any equipment initially rented from ROC ECRINS even not taken or used on the day of departure is payable.**

Important, if you are equipped with your personal equipment: the legislation regarding P.P.I. (personal protective equipment, this is the helmet, harness, and sunglasses) limits the use of the equipment over time. They can be used for 5 years from the date of purchase. Beyond this date, your equipment is considered to no longer be up to standard. You can find all the information regarding P.P.E. here > www.inrs.fr

Headwear

At high altitudes, snow reflects UV rays and the sun's rays are not as well filtered by the atmosphere; even a cloudy sky allows 90% of UV rays to pass through, so it is essential to protect yourself against the dangers of the sun.

- A pair of class 4 protection sunglasses is highly recommended for everyone and very strongly recommended for sensitive eyes. They'll come in handy on a ski holiday too.
- Sun cream high protection (index 50 recommended) for face and lips; remember to take the smallest size possible (no large tubes)

- a cap for the approach walk (prefer a soft model with no large seams that can be worn under the helmet)
- a ski mask (**indispensable** in case of gusts of wind or snowfall)
- a beanie hat that can be worn under the helmet (without pompoms)
- a helmet* approved for mountaineering (5 years max since date of purchase)
- a neck gaiters or Buff(avoid scarves)
- a headlamp with loaded batteries!!!

Bodywear

When making a prolonged effort at altitude, the principle is to be able to layer different garments according to the intensity of the effort and the weather conditions (temperature, wind, snowfall, rain), in order to stay as dry as possible.

NB: ski clothes are not suitable because they are often too warm, too heavy and not very breathable.

Upper body

- First layer: a long-sleeve base layer in a breathable, quick-drying material such as merino, wood fibre..., cotton to be avoided(to protect you from UV rays and for safety in the event of a fall).
Second layer: a lightweight fleece or soft shell jacket*. Ideally, it should be windproof and breathable. Put it on as soon as the temperature cools, usually when you arrive on the glacier.
- Third layer: a warm, compressible down jacket (synthetic or down, -10°C protection). It will keep you warm during a long stop on the route, at the summit while you take photos, on the refuge terrace, and sometimes even while walking in very cold weather.
Fourth layer: a gore tex* windproof jacket to protect against rain and snow. This is the waterproof jacket that keeps you dry in bad weather. It must be lightweight and breathable.
- a mountaineering harness* (5 years max from date of purchase)

Lower body

- a thin pair of tights in fleece or cotton, ideally $\frac{3}{4}$ so as not to make the socks too thick. You'll need them in case of very cold weather, and you can put them on at the hut at the start of the ascent if necessary. You can also use it as nightwear.
- Mountaineering trousers: mountaineering trousers are water-repellent, windproof, breathable and hard-wearing. You can also take hiking or trekking trousers that aren't too light (as long as you have a gore tex overtrouser to put over them). **NB: mountaineering trousers are not available for hire**
- an overtrouser* in GoreTex or equivalent material: these are very light trousers that you put over your trousers in case of rain, wind or snow. They have zips along the legs, so you can put them on quickly at any time without having to remove your shoes.

The hands

- a pair of thin gloves in fleece, softshell or leather for the climbs to the refuge.
- one pair of thicker gloves like ski gloves
- a pair of VERY WARM Mittens (if your ski gloves aren't warm enough), which you'll put over the thin gloves when you get to the top and for the descent.

Footwear

- Mountaineering boots* (crampon-compatible): these boots are different from hiking boots. They are rigid, which will enable you to crampon on ice while providing good support for the ankle and crampons. They must also be waterproof and offer excellent protection against the cold.
- Hiking or mountaineering socks : these should be warm and well-fitting and high enough to rise above boot level to avoid overheating. One pair is enough for a 48-hour mountain run. You can also take a pair of very light mini-socks to put on in the refuge in the evening while your pair of technical socks dry.
- a pair of crampons* **with anti-boot** in good condition and sharp, suitable for your boots,
- a mountaineering ice axe* light and long, suited to your height, it should almost reach the ground when in your hand with your arm extended alongside your body.
- gaiters* which will keep your feet dry in fresh snow; they also prevent crampon points catching on the bottom of your trousers.

NB: all refuges provide slippers, so you don't need to take extra shoes.

Guide's tip for 48-hour tours: as most of the time the refuge is reached on footpaths, you can plan to go up and down in trail trainers (soles with crampons) to protect your feet from the heat that can be caused by the rigidity of mountaineering boots (you'll need to have your mountaineering boots in your bag). You can leave your trainers at the refuge before setting off on the climb and pick them up on your return.

This adds weight, but it can be very useful for those with sensitive feet - the choice is yours...

And last but not least

- Telescopic walking poles* with snow washers (8 cm minimum diameter). Not compulsory but highly recommended; they will help you on the way up and take the strain off your knees on the way down.
- water : make sure you have enough water for around 2 litres, ideally a one-litre plastic bottle plus smaller ones (around 25 cl) to keep warm and close to your body in your jacket. Water bags are not suitable for use at high altitude because they freeze! You can use them, but only when going up to the refuge.
- energy food (cereal bars, dried fruit...depending on your habits),
- small thermos 500ML max (not compulsory, a hot drink can be comforting but it adds weight...)
- camera: prefer a small size that you can slip into your pocket, no need to bring a large camera that risks being damaged. Besides, with the cold the battery would be empty very quickly.
- small first aid kit adapted to your personal needs, also containing elastoplast and double-skin dressings for any blisters. If you are taking medication, take only the number of tablets you need. Pack a few paracetamol tablets as it's not uncommon to suffer from headaches when at altitude.
- micro Toilet Bag: just the bare essentials (toothbrush, mini tube of toothpaste...) and, very important, earplugs for a good night's sleep in the refuge.
- a sack sheet (meat bag): compulsory for nights in refuges. All the refuges are providing pillows and duvets but these are obviously not washed after each passage.
- a bin bag to isolate your wet stuff in case of rain or a waterproof overbag.
- documents always useful to have with you in a small waterproof bag: ID proof, references of your assistance insurance if you haven't taken out the policy we offer.
- A small amount of cash for personal expenses (drinks, etc.) in the refuges (most of the refuges don't accept payment by credit card).

And remember, all of the above must fit into:

- A mountain rucksack* of around 35 litres (40 litres max) with ice axe holder and chest strap. The rucksack should not exceed 10 kg, including technical equipment (crampons, harness, helmet). Remember that weight is the mountaineer's enemy. Once you've packed your rucksack, there should still be room for a picnic!

You should also bring a second bag (such as a soft travel bag) to leave any items you don't need for the nights in the refuge and that you can let in your car.

High mountain : special warning

3 conditions for a successful ascent: Weather + Good shape + Experience}

Mont-Blanc ascent is a high-mountain route requiring mountaineering skills. The route can be vertiginous and exposed to natural hazards: rock falls, crevasses, avalanches.

Above 4,000 metres, the weather conditions can be extreme: wind, snow and cold can make the climb impossible because too dangerous. Our priority will always be safety. **The mountain guide who accompanies you knows perfectly the Mont Blanc environnement and is best one to assess the feasibility of the ascent.** therefore, as a last resort, he or she will decide whether or not to continue with the ascent. If it is impossible to attempt the ascent of Mont-Blanc regarding the weather forecast two days before the ascent, we will organise an alternative programme in other alpine massifs.

Stamina and skills

At the end of the first two days, if the guide considers that your physical and/or mental condition does not allow you to envisage climbing Mont Blanc without endangering your safety and that of the group, he will inform you. You will then have to leave the group. If another participant is in the same situation as you, you could to set off as rope-mates for another summit. **In no case this interruption could give right to refund.**

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Mountaineering is subject to some conditions that we can sometimes neither anticipate nor control; we may therefore have to modify the programme of our high mountain trips before or during the stay for various reasons:

- if the weather and/or snow conditions make it impossible to carry out the planned programme and/or
- if there is a delay in the opening or early closure of a ski lift or refuge,
In these cases, we will offer you an alternative programme, sometimes on the day of departure, which you may not refuse.

Programme and supervision standards

- In the event of a change to the programme **decided by the guide** and this, only **on the second day of the trip**, a **partial** refund (for ski lifts unused and the difference in the price of the accommodation) will be granted **if and only if** the new ascent takes place in the Gran Paradiso massif.
- In the event that ski lifts are closed during the first two days of your stay, we will offer you a refund for the cost of the unused ski lifts. We may also, in order to make up for the extra height difference, change the programme and take you where ski lift are available and substitute to the night in the refuge a night in the valley.

Also, mountain conditions change over the summer and can sometimes alter the supervision standards for each ascent. The supervision standards define the number of people that the mountain guide can supervise for each route and can be modified during the season. These changes may affect the price of the trip or the programme. Your registration for one of our trips or ascents means that you understand and accept these possibility.

About the mont blanc ascent

To help you make your mind before you register, you should know that every year on our Mont Blanc ascent courses, approximately :

- 70% of participants reach the summit! stars in their eyes!
- 20% of the ascents are made impossible because of the weather conditions. For example, very bad weather forecast from the second day ; in this case we head to another massif such as Grand Paradis massif where conditions are better. Sometimes, however, conditions change once the ascent has begun and we must turn back, sometimes even a few hundred meters from the summit, mainly because of the wind.
- 10% of participants have to give up due to lack of training, and sometimes because they are too impressed by the environnement of high mountain and the weather conditions to go on.

Health condition

No medical certificate is required to take part in our trips, but it may be useful to check with your doctor that you have no contraindications (particularly in the case of chronic illness) to physical activity in the high mountains.

If you are undergoing any particular treatment, please let us know so that we can take appropriate measures if necessary.

Altitude can cause acute mountain sickness **when you are not sufficiently acclimatised**, also known as AMS. In most cases, it is accompanied by headaches, nausea and a general feeling of discomfort, but in the most serious cases it can lead to pulmonary or cerebral oedema, requiring an immediate descent.

That's why it's always a good idea, before going at high altitude, to do some hiking in the mountains or medium mountains, especially for those who live at sea level.

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Before booking this stay, you should check:

- **your physical condition and technical skills:** to take part in this trip, you must be familiar with technical mountaineering equipment and master roped walking, crampon climbing and be able to move with ease over any terrain (snow/ice/rock) at a steady pace.
- **your endurance and how speed you can walk in the mountains:** to take part in this trip, you must be able to walk at 400 metres/hour in the mid-range mountains and to produce a long and intense effort at altitude (up to 14 hours on the day of the ascent). More specifically, you must be able to put up with 2400 metres of ascent (1200m positive and negative) at altitude (between 2000 and 3500m) over 48 hours with ease, i.e. with your feet as sure on the way down as on the way up.

You'd like to reach the roof of Europe, but beware: this climb is physically very demanding. You will have to cope with a long effort at altitude on the way up, without forgetting the descent which can be traumatic for ill-prepared muscles and joints.

The ascent of Mont Blanc cannot be attempted without previous experience of mountaineering. It's a long-term project, to be approached step by step to ensure your safety and success. Being "sporty" is not enough!

How to prepare and train

You need to adapt your preparation and training according to your physical condition and your experience in the mountains.

To enhance your physical condition, the best is to practise an endurance sport regularly and intensively. Endurance sports are activities that require sustained effort, for example: running 3 times a week, with sessions lasting at least 1 and a half to 2 hours (i.e. at least 10 to 15 kilometres). Mountain biking and trail running with elevation can be endurance activities, as long as the sessions last long enough, but they are not enough on their own to prepare you.

Climbing and ice climbing can give you a better understanding of the technical aspects of mountaineering. The best type of training is **mountain walking**: hikes of gradual difficulty, with progressive elevation gain (and increasing the weight of your pack!).

If you've never done any mountaineering or mountain walking before, you'll need to plan your preparation in several stages.

We offer different programmes that could enable you to test yourself and/or acquire the necessary skills gradually:

To "test your physical fitness and endurance " we propose a specific course at the Sainte Victoire mountain in Provence from January onwards: > [[TEST D'HABILETÉ DU WEEK-END \(Condition Physique et Endurance\) POUR PRÉPARER L'ESCALADE DU MONT BLANC](#)]

To learn cramponing techniques (ice school) and take part in your first mountaineering course, including an overnight stay in a refuge :

> [[2 JOURS D'INITIATION ET D'APPRENTISSAGE DE L'ALPINISME POUR PRÉPARER L'ASCENSION DU MONT BLANC](#)

ou bien :

> lien vers [STAGE D'INITIATION A L'ALPINISME : ASCENSION DE LA ROCHE FAURIO 3730M EN 3 JOURS](#)

To test your ability to complete a major ascent (a summit above 3500m) at an adequate pace and to cope with 2 days of effort at high altitude :

> lien vers [ASCENSION ROCHE FAURIO, 3730m EN 2 JOURS](#)

Minimum age to take part in this trip

For all the reasons detailed above, we do not accept the participation of minors on these ascents unless they register with a parent (who is also taking part in the stay). In this case, they must be at least 17 years old.

What to expect, what is required

Everything will be done to help you succeed in your ascent of the roof of the Alps but the aim of the course is not to prepare you physically, **you must arrive physically and technically trained**.

During the 3 days of preparation, the choice of courses has been made to preserve you physically while acclimatising you to the altitude.

During the snow and ice school, the guide will review the basic techniques for progressing on a glacier: roping up, ice axe handling, use of crampons depending on the terrain.

The first part of the course will allow you to :

- take stock of your physical condition and technical abilities in real conditions,
- review crampon walking techniques on snow and ice, the use of ice axes and roping up techniques, all of which are essential for a safe and serene ascent.
- Familiarise yourself with the high mountain environment (preparing and carrying a rucksack, technical equipment and clothing, nights in refuges, etc.),
- acclimatise to the altitude to avoid getting AMS (Acute Mountain Sickness)

so that you arrive physically, technically and mentally well-prepared to make the most of this magnificent experience.

Guiding

By state-certified mountain guides or trainees mountain guides* from the Roc Écrins team. They will have a VHF radio connected to the emergency services, a satellite phone or a mobile phone. They will also have a collective first-aid kit. During the Mont Blanc ascent, an additional guide will make up the second roped team (1 guide for every 2 participants).

*A trainee mountain guide is a guide in training who is authorised to work and supervise climbs from their third year of training. They are not beginners, as it takes several years of practice and training to build up a list of routes and have the experience and technical level required to enter the mountain guide training course.

Insurances

To take part in one of our stays, you must be properly insured for the chosen activity (rescue and repatriation costs) in the event of an incident or accident occurring during the stay. (We strongly recommend that this also includes cancellation cover). It is your responsibility to check the cover provided by your personal insurance policy. If you do not have such insurances, you can take out the EUROP ASSISTANCE contract when you sign up. The amount of the "ASSISTANCE" insurance covering repatriation, rescue and search costs represents 2.4% of the price of the stay. MULTIRISK" insurance covering assistance, cancellation, loss of luggage and interruption of holiday, represents 5.6% of the price of the trip.

Accommodation

The first three nights in a **Youth hostel in Chamonix**. A pleasant, comfortable place where you'll receive a warm and friendly welcome. Accommodation in rooms for 2 to 4 people, subject to availability. Hearty meals and varied, balanced breakfasts.

You'll spend the last night in the highest refuge in France, the Gouter refuge. The new refuge is a High Environmental Quality (HEQ) building. Well insulated, soundproofed and spacious, you'll feel right at home. The view over the Arve valley and the Bionnassay ridge is fantastic and the sunset incredible. There is no water

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available at the refuge. Bottled water is included in the price of the stay (1.5l/person + 1.5l/3 people during meals +1 soft drink).

This accommodation is subject to availability at the time of booking.

Transport and carbon footprint

Transports by the participants in their own vehicles.

In the event of a change of programme, travel costs (petrol and tunnel costs) will be covered by ROC ÉCRINS (for the person using their own vehicle to carpool the group.)

CARBONE FOOTPRINT OF THE STAY : 100 KG CO2

That's the amount of CO2 produced by our travels during your stay!

For information :

- Paris - Les Houches

- **by car**: 170 kg CO2

- **by train**: 1.4 KgCo2

- Lyon - Les Houches

- **by car** : 64 kg CO2

- **by train** : 3.3 kg Co2

- Marseille - Les Houches

- **by car** : 130 kgCO2

- **by train** : 1.1 kgCo2

Carpooling ? We can put you in touch with other participants. Contact us by email or telephone.

<https://www.blablacar.fr/>

Meeting point

Meeting time:

8h30

the first day in **les Houches** (74310, Haute Savoie)

Getting there

If you're coming by train,

- TGV (Highspeed train) Paris-Bellegarde and TGV Marseille-Lyon, connections by regional train lines (TER) to Les Houches.
- The SNCF line is calling at the villages from St Gervais-les-bains-le Fayet to Martigny (Switzerland) via Servoz, Les Houches, Chamonix, Argentière and Vallorcine.

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by car,

- From Italy, A5 motorway to AOSTE, follow roadsigns to Courmayeur. Enter France through the Mont Blanc tunnel to Les Houches
- From the South, A7 motorway to Valence, take the A49 to Voreppe, follow roadsigns to Chambéry and Geneva to join the Autoroute Blanche to Les Houches.
- From the North, A6 then A40 to Macon, Autoroute Blanche then N205 to Les Houches.

by plane:

Geneva airport is the closest to Chamonix - 90km or about 1h30 drive. You can also land in Lyon, but it's a 2h30 to 3-hour drive (about 220 km). Turin-Caselle international airport is 171km away.

Price

Price per person : 2060,00 €

The price includes:

- **Mountain guiding service** , including their meals, overnight accommodation and lift passes. One guide for the first 3 days, 3 guides the last two days.
- **Full board accommodation from the first evening to midday on the last day** in mountain huts and in Youth Hostel ; picnic lunch the first 4 days and hot meal on day 5
- **Mineral water at the Tête Rousse and Gouter refuges** (1.5l per person + 1.5l for 3 during the meal) **as well as a soft drink at the refuge du Gouter.**
- **lift access**
- Organisation and reservations (accommodation, guide, gear) of your stay

The price doesn't include:

- Picnic on the first day
- Personal expenses: snacks, drinks, etc.
- **Individual technical equipment rental (mountaineering boots, crampons, ice axe, harness, helmet)** offered as an extra when you sign up.
- liability, repatriation and cancellation **insurance**
- **Transport** to and from meeting point and during the stay

Any other expenses not mentioned under the above section "the price includes"

How to book

To register :

- complete the **pre-registration form** online
- You will receive **a booking contract** by email. It sets out the details of your booking as well as the schedule and payment terms.
- On receipt of this contract, **the deposit of 30%** must be paid within 4 days in accordance with the terms and conditions set out in the contract. Your registration can only be confirmed when the deposit has been paid.
- The balance must be paid 45 days before the departure. Please note that any balance not paid within 45 days of departure will be considered as a cancellation of your booking. Financial withholding would therefore be applied in accordance with our terms and conditions..
- For a booking made less than 45 days before departure, the total amount of the booking must be paid on receipt of the booking contract in accordance with the terms and conditions set out therein.

ROC ÉCRINS - 6 rue du Chlorate - Zone Les Sablonnières - 05 120 L'ARGENTIÈRE-LA BESSÉE - .

Tél : 04 84 13 14 08 <https://www.roc-ecrins.com> roc.ecrins@gmail.com

ROC ÉCRINS ORGANISATION - Eurl au capital de 8 000€ - Garantie financière : Groupama Assurance-Crédit-contrat n°4000718199/0 - Immatriculation ATOUT FRANCE : IM005230003 - R.C.P : HISCOX contrat n°HA RCP0399794 - Code APE 7912Z - RCS de GAP SIRET : 979 424 918 00014 - N°TVA intracommunautaire : FR42 979 424 918